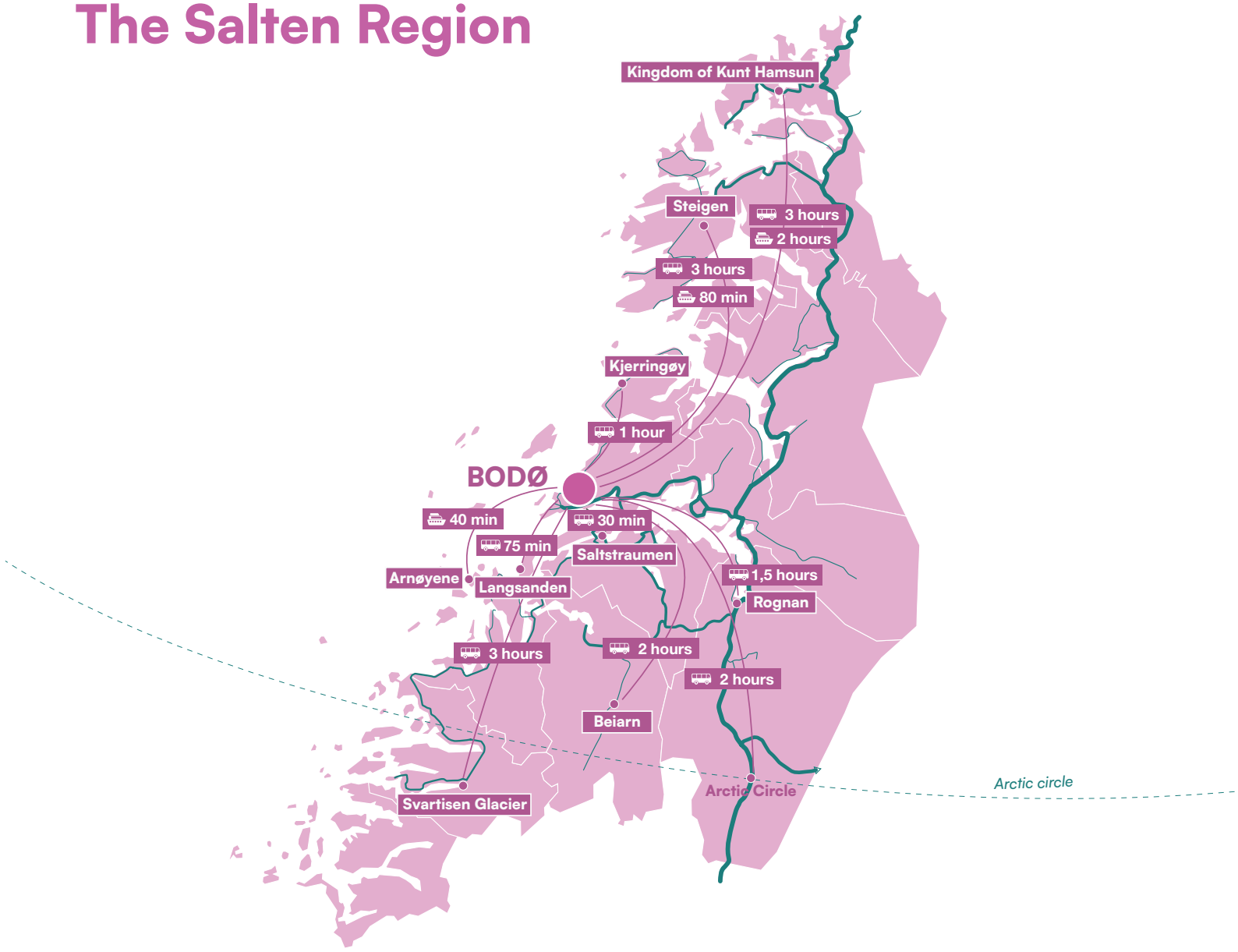
Visit Bodø

Explore Bodø & Salten

A Cultural City Amidst Wild Arctic Nature

Sustainable Destination

The Salten Region



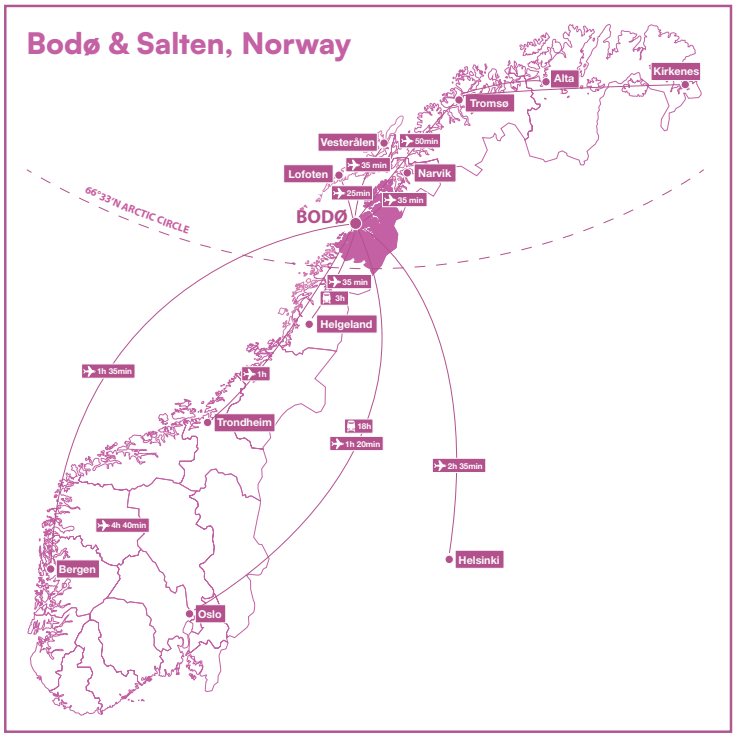




Photo front page: Zdeno Dvorak

Welcome to Bodø & Salten

An urban city on the edge of nature

You will not find a more impressive approach than the one you will see through the plane window prior to landing in Bodø. A vibrant city on the edge of the great outdoors, with fjords, mountains, glaciers, a stunning coastline, and clear coral green waters as far as the eye can see. Bodø is a compact city and a gateway to a unique assortment of wonderous arctic experiences. With the natural resources around us, we can offer world-class experiences, most of them based in the city or just a short bus or boat ride away.

With a location just north of the Arctic Circle, Bodø has a spectacular light throughout the year. During summer, the midnight sun intoxicates and captivates us all. In winter and autumn, you will see the mysterious blue that lights up the dark polar night, and the magical and alluring northern lights. This ever-changing environment has made Bodø a diverse and safe place – we like to think the cold climate gave us warmer hearts, and we take pride in welcoming newcomers.

The regional capital of Bodø is home to 50.000 people, living urban Arctic lives on the outskirts of Europe, but in the very centre of the resourceful and contrasting North.

From cold to cool

The towns and centres of Nordland have adapted to change through history. Surviving the rise and fall of the industrial era, becoming modern societies. Our town was left in ruins during World War II. After the rebuilding we lived as a cold war target due to our military NATO air base. Now a new transition sees the light of day, when the airbase is being moved. Even though it was considered a political defeat when decided, we now see it as an extraordinary opportunity to develop a new smart, cultural, living and sustainable city. In 2016, Bodø was named Norway's most attractive city because of the will to invest in downtown development and because of the project "New city, new airport". This is only one of many projects to come.

The large growth and development show that Bodø is an innovative and future oriented city. In 2024 the city will be The European Capital of Culture, and we will reconnect with Europe and the world beyond.

Our cultural programme in 2024 will celebrate and reflect the qualities of the Arctic. Its unique relationship with land and sea and nature. It's unknown and exciting history. Its invention, resilience and imagination.

Bodø is ready to transition from Arctic to ARCTICulation, from cold to cool.

Photo: Kjempenggalangt mauritzen

Accommodation

Bodø and the Salten region offer a wide range of accommodation options to suit every taste and preference. Whether you're looking for modern hotels, cozy apartments, charming cabins, or scenic campsites by the sea, you will find the perfect place to stay. Many of Bodø's hotels are conveniently located in the city center, just a short walk from the harbor, restaurants, airport and attractions, making it easy to explore the city and its surroundings.

A notable new addition is the Wood Hotel Bodø, a sustainable and stylish hotel that offers an extraordinary stay with panoramic views of the Arctic landscape. For those seeking a more rustic or nature-focused experience, the region is also home to traditional sea cabins, where you can fall asleep to the sound of the ocean. No matter your preference, Bodø and Salten provide a variety of accommodation options that guarantee comfort and a memorable stay, surrounded by the breathtaking beauty of Northern Norway.





Photo: Wood Hotel Bodø

Wood Hotel Bodø

Wood Hotel Bodø, is located on Rønvikfjellet, just a 15-minute drive from Bodø city center. Built primarily of wood, the hotel offers a sustainable and enriching experience.The rooms offer stunning views of Bodø, Vestfjorden, and the Børvasstindene mountains under the midnight sun orthe northern lights.

Wood Hotel Bodø features Restaurant ATTME and Café Turisthytta, with award-winning chef Christian André Pettersen at the helm. The 8th floor offers a Pool & Wellbeing area with a heated outdoor pool and steam sauna, all overlooking Bodø's breathtaking scenery.

Capacity

Room Capacity: 177
Conference rooms: 5
Conference capacity: 180
Restaurant: 198

Email: stay@woodhotel.com
Website: www.wodbodo.com

Clarion Collection Grand Hotel Bodø

Clarion Collection Grand Hotel, located in the heart of Bodø, is just minutes from bars, restaurants, museums, and the iconic breakwater. The hotel suits all types of guests, offering a tranquil atmosphere and warm northern-Norwegian hospitality. A buffet breakfast, afternoon sweets, and a warm evening meal are included in the room rate. The regional coach station, ferry port, train station, and harbor are all within walking distance.

Opened in the 1850s, the hotel is rich in history and has served travelers for generations.

Capacity

Room Capasity: 100
Conference rooms: 1
Conference capacity: 30

Email: booking.cc.grand.bodo@choice.no
Website: www.nordicchoicehotels.no



Photo: Clarion Collection Grand Hotel Bodø



Photo: Quality Hotel Ramsalt

Quality Hotel Ramsalt

Quality Hotel Ramsalt is one of the newest hotels in the city center of Bodø, with walking distance to the train station, shopping opportunities and cultural- and city life.
The hotel has 14 floors, 250 rooms, bar, restaurant gym and course and conference facilities.

Near the hotel you will find a number of other restaurants, shops and activities.

Capacity

Room Capasity: 250
Conference rooms: 12
Conference capacity: 650
Restaurant: 150
Exhibition: 270 sqm

Email: q.ramsalt@choice.no
Website: www.nordicchoicehotels.com

Comfort Hotel Bodø

Comfort Hotel Bodø, located in the heart of the city, is just steps away from nightlife, shopping, and the concert venue Stormen. The hotel's atmosphere is both calm and trendy, making it suitable for everyone. In the hotel you will find three conference rooms, with the largest accommodating up to 40 people in a classroom setup.

The hotel offers modern amenities, including a continental breakfast, fitness facilities, a laundromat for longer stays.

Capacity

Room Capasity: 158
Conference rooms: 3
Conference capacity: 72

Email: co.bodo@choice.no
Website: www.nordicchoicehotels.no



Photo: Visit Bodø



Photo: Hotel Scandic Havet

Hotel Scandic Havet

Scandic Havet, located on Bodø's waterfront, is Northern Norway's largest conference hotel and eco-labeled. offers stunning views of the city, sea, and surrounding mountains. On clear days, you can see as far as Svartisen and Lofoten from the upper floors.

Enjoy Scandic's award-winning breakfast at Havneutsikten on the 2nd floor or visit Roast Restaurant & Bar on the 17th floor for dinner with panoramic views. The hotel also features a 24/7 shop and flexible conference facilities.

Capacity

Room Capasity: 234 including suites
Conference rooms: 15
Conference capacity: 600
Restaurant: 200+68
Concerts and events: 1000

Email: havet@scandichotels.com
Website: www.scandichotels.no

Hotel Scandic Bodø

Located by the harbor and 200 meters from Bodø Railway Station, Scandic Bodø offers comfortable rooms, some with sea views where you might spot white-tailed eagles. This eco-labeled hotel features 136 rooms and three flexible meeting rooms with a total capacity of up to 250 people. Enjoy a large organic breakfast buffet, a barception, and a shop for drinks and snacks. Free WiFi is available throughout. The hotel is conveniently near Nordlandsbanen, Hurtigruten dock, ferries to Lofoten, buses, express boats, and the airport.

Capacity

Room Capacity: 136
Conference Rooms: 3
Conference Capacity: 250

Email: bodo@scandichotels.com
Website: www.scandichotels.no/bodo



Photo: Hotel Scandic Bodø



Photo: Radisson blu Hotel Bodø

Radisson BLU Hotel Bodø

Conference hotel | Radisson Blu Hotel Bodø is located in the heart of the city, with spectacular view over the harbor and the surrounding mountains. The hotel offers 191 guestrooms, where 75 of the rooms have been newly renovated.
FJORD Eat & Drink hosts the daily super breakfast buffet and also serves local and international dishes for lunch and dinner. Relax with a cocktail at the hotel's skyview bar, Top13, which offers breathtaking views of the Northern lights during winter and Midnight sun during summer.

Capacity

Room Capasity: 191
Conference rooms: 17
Conference capacity: 500
Restaurant: 500
Exhibition: 535 sqm

Email: frontoffice.bodo@radissonblu.com
www.frontoffice.bodo@radissonblu.com

Smarthotel Bodø

In September 2022, a new street-art hotel opened in Bodø. With its central location, guests can enjoy both the vibrant city life and the natural surroundings.

The hotel features 161 rooms in various categories, catering to both business travelers and families on vacation. The spacious lobby offers free WiFi and plenty of comfortable spots to work or relax. Guests can also enjoy a range of snacks, small dishes, and a bar serving both international and local beverages. The hotel also provides a TV lounge.

Capacity

Room Capasity: 161
Restaurant: 55

Email: post.bodo@smarthotel.no
Website: www.smarthotel.no



Photo:Smarthotel Bodø



Photo: Skagen hotel

Skagen Hotel

With its quiet yet central location, guests will find the perfect starting point for their visit to Bodø. Many of the city's popular attractions are within walking distance, and the airport, railway station, and harbor are only a short distance away. The hotel's meeting and conference staff are available day, night, and on weekends, providing dedicated service. The meeting rooms are well-suited for board meetings, internal courses, lectures, staff gatherings, and more. Short breaks or activities can be added to the conference program, offering a fun way to boost participants' energy in meetings.

Capacity

Room Capacity: 70
Conference rooms: 10
Conference capacity: 172
Restaurant: 100
Exhibition: 100 sqm

Email: skagen.resepsjon@olavthon.no
Website: www.skagen-hotel.no

Thon Hotel Nordlys

Centrally located by the marina and breakwater in Bodø city center, the hotel offers stunning views of the Lofoten Islands and the Hurtigruten ships as they pass by. Thon Hotel Nordlys is a certified Eco-Lighthouse.

The hotel's conference rooms are bright, spacious, and equipped with standard AV equipment. The total capacity is 380 people, with the largest hall accommodating 140 people in a classroom setup and 200 in a theater layout.

Capacity

Room Capacity: 146
Conference rooms: 9
Conference capacity: 140/200
Restaurant: 134
Exhibition: 142+128 sqm

Email: nordlys@thonhotels.no
Website: www.thonhotels.com



Photo: Thon Hotel Nordlys



Photo: Bodø Hotel

Bodø Hotel

Bodø Hotel is a small, cozy hotel with a pleasant atmosphere where guests feel at home. The 31 rooms feature parquet flooring and are tastefully furnished with easy chairs or sofas. Each room is equipped with a shower, toilet, telephone, and cable TV. Jensen mattresses are provided to ensure a comfortable night's sleep. The hotel's conference facilities accommodate up to 50 participants and can be divided into two separate meeting rooms. It includes a projector, TV, DVD, wireless internet, and all necessary technical equipment, with excellent ventilation and natural lighting. The space is also ideal for social events.

Capacity

Room Capacity: 31
Conference rooms: 2
Conference capacity: 50
Restaurant: 50

Email: booking@bodohotell.no
Website: www.bodohotell.no

Saltstraumen Hotell & Cabins

Located beside the dramatic Saltstraumen Maelstrom, Saltstraumen Hotell offers a serene stay with stunning natural surroundings. Guests can relax in the spa area featuring an indoor massage bath, infrared and Finnish saunas, and massage chairs. The fully equipped fitness room is available for use.

The hotel provides free parking with ground-level rooms having private entrances. The kitchen highlights local and sustainable cuisine, including fresh fish from Saltstraumen, home-grown herbs, and self-picked berries.

Capacity

Rooms: 28
Cabins: 12
Conference Rooms: 4 (up to 120))
Restaurant: 100 seats

Email: hotell@isaltstraumen.no
Website: www.saltstraumenhotell.no



Photo: Saltstraumen Hotel



Photo: Engen gård

Engen Farm

Nestled near the Engenbreen glacier, part of the Svartisen glacier, Engen Gård offers stunning fjord and glacier views. This 1000-acre farm features a traditional Nordland-style house with modern upgrades, including 6 bedrooms, 11 beds, a fully equipped kitchen, two living rooms, and two bathrooms. The newly renovated smithy ("Smia") accommodates 6 guests with a rustic charm, kitchen, and glacier-facing terrace.

Facts

Minimum Rental: Main house requires 4 days; Smia typically 2 days. Flexible stays on request.
Dining: Self-catering or private chef available.
Activities: Tours and guided hikes

Getting There: 10-minute boat ride from Holandsvika to Svartisen, followed by a 400-meter walk.

Email: post@manshausen.no
Website: www.manshausen.com

Kjerringøy rorbusenter

Discover the perfect blend of relaxation and adventure at Kjerringøy Rorbusenter, where historic Norwegian "rorbu" cabins meet modern comfort. With ten charming cabins offering stunning ocean and mountain views, you can enjoy serene days or exciting activities. We provide free fishing rod and boat rentals, hiking, climbing, guided fjord tours, and family fun on our 1500m² pier. Explore nearby glaciers, national parks, and strawberry fields. Our café, restaurant, and lounge ensure a memorable stay.

Facts

Cabins: 10
Season: May-October; October-April on request

Getting Here: Kjerringøy is 40 km from Bodø, accessible by car or bus with a 10-minute ferry ride between Festvåg and Misten.

Email: booking@thearctichideaway.com
Website: www.thearctichideaway.com



Photo: Kjerringøy rorbusenter



Photo: Karoline O.A. Pettersen

Manshausen

Experience modern seacabins perched above the waterfront, offering a cozy connection with nature through panoramic glass windows. Manshausen Island is a hidden gem combining nature-based activities, cutting-edge design, exceptional service, and delicious cuisine. The main house accommodates up to 30 guests for dinner and features a polar library with stunning views of the sea and mountains. Located in Steigen, Manshausen offers a variety of activities, including kayaking, snorkeling, biking, climbing, snowshoeing, hiking, and eagle safaris.

Easily accessible by Express boat from Bodø, we recommend booking in advance during the summer.

Facts

Season: February-December
Breakfast included

Email: post@manshausen.no
Website: www.manshausen.com

The Arctic Hideaway

Discover our unique retreat, where four private sleeping cabins and five social spaces merge with Arctic beauty. Experience breathtaking sunrises from the tower house, unwind in the lounge, swim in the sea, and relax in the sauna. Whether you're joining a group or seeking solitude, our hideaway offers an exclusive escape.

Facts

Season: Year-round
Cabins: 5 (Minimum stay: 2 nights)
Capacity: Max 10 guests (2 per cabin)

Getting Here: Accessible by public ferry, charter boat, or seaplane. We can assist with travel planning.

Email: booking@thearctichideaway.com
Website: www.thearctichideaway.com



Photo: Paasi Aalto



Photo: Naustholmen

Naustholmen

Naustholmen Adventure Island is a stunning 33-acre island in Steigen, surrounded by turquoise waters and chalk-white beaches. Close to both the sea and mountains, the island offers breathtaking views of the Vestfjord and the Lofoten Wall, one of Norway's most magnificent natural spectacles, especially during the midnight sun or sunset. Naustholmen is a peaceful retreat designed for community, nature experiences, and tranquility in a busy world. Guests are encouraged to stay a minimum of two nights to fully embrace the island's beauty, values, and vision, promoting a more sustainable way to travel.

Facts

Getting here: express boat from Bodø. It takes approx. 90 min.
Season: October-April: Groups only (min 6 persons). May-September: Groups and individuals

Email: randi@randiskaug.no
Website: www.naustholmen.com

Villa Haugen

Villa Haugen in Steigen is a luxurious retreat with breathtaking views of Lofoten and exceptional Arctic experiences. Enjoy world-class cuisine with full board catering and marvel at the northern lights or midnight sun. The villa offers five elegantly furnished twin or double bedrooms, each with ocean views and private bathrooms. Rooms range from 15 to 30 sqm, with some featuring canopied balconies. Guests can relax in a seaside sauna and hot tub.

Concepts: Arctic tranquility with gourmet meals, Arctic conferences with teambuilding, and ocean adventures with culinary delights. Private dinners for up to 12 guests are also available.

Getting Here: Take the 1.5-hour Express boat from Bodø to Nordskot or drive from Bodø or Lofoten.

Email: post@villahaugen.com
Website: www.villahaugen.com



Photo: Villa Haugen



Photo: Kontrafei Media

Landegode Lighthouse

Nestled off Bodø, Landegode Island is a natural wonder, showcasing the midnight sun in summer and the northern lights in winter. This island is home to the world's largest population of white-tailed eagles, offering spectacular birdwatching opportunities. Landego Lighthouse, built in 1901, continues to guide ships from Lofoten to Bodø. Guests can stay overnight in the historic lighthouse keeper's or assistant's quarters, immersing themselves in the island's rich history.

Facts

The lighthouse is available only for private groups, not individuals.

Getting Here: Transport is arranged for private groups. The boat trip from Bodø to Landegode Lighthouse takes approximately 25—30 minutes, depending on weather and boat type.

Email: booking@skagen-hotel.no
Website: www.skagen-hotel.no

Tranøy Lighthouse

Tranøy Lighthouse offers a magical retreat with stunning views of towering mountains, the ocean, and the northern lights. Whether bathed in sunlight or braving a storm, this historical lighthouse, built in 1864 and still operational, promises a memorable experience. A 250-meter walkway leads you to the lighthouse, where you can enjoy home-cooked meals made from local ingredients. Activities include guided lighthouse tours, fishing, swimming, birdwatching, and exploring by foot or bike.

Facts

Capacity: 40 beds across 16 rooms
Unique History: Each building has its own story.
Season: May-October; October-April on request
Meeting Room: 20
Café/Restaurant: 35

Email: info@tranoyfyr.no
Website: www.tranoyfyr.no



Photo: Visit Bodø



Photo: Robert Selfors

Følvika Northern Retreat

Nestled between pristine mountains, Følvika Northern Retreat offers stunning beaches and panoramic views of the Salten region. Experience glamping in the Følvika Eye, a glass dome that lets you sleep under the stars with a glass roof. Enjoy hiking to the Sandhornet peak or relax at the 2 km Langsanden beach. Nearby, explore the historic home of Norwegian poet Elias Blix, The Arctic Hideaway, and the medieval Gildeskål church.

Facts

Season: All year
Capacity: 2 domes, 2-3 people in one

Getting Here:
By Car: 80 km from Bodø via RV17.
Bus: No. 200 from Bodø or Halsa to Kjøpstad; pickup or connecting bus available.
Express Boat: Daily from Bodø harbour. Pickup from Våg.

Email: randi@randiskaug.no
Website: www.naustholmen.com

Nordskot Brygge

Nordskot Brygge is a top-tier sea sports center in Steigen, between Bodø and Lofoten, with daily express boat service from Bodø. It features four seahouses with 22 beds and fully equipped kitchens. Guests can enjoy boat rentals, sea fishing, paddleboarding, kayaking, and access to prime fishing spots in Vestfjord. The marina offers stunning views of Lofoten and rich wildlife, including the world's largest population of sea eagles. Northern Lights are visible from September to April. Nordskot Brygge accommodates up to 18 people, with catering available upon request.

Facts

Season: All year
Getting here: You can travel by public express boat. We will gladly help you plan your journey.
Suitable for: Individuals and small groups

Email: post@nordskotbrygge.no
Website: www.nordskotbrygge.no



Photo: Kjempemegalangt navnnavnesensnenn

Activities

Looking to plan a 3-day (or more) stay in Bodø and Salten? You're in for a treat! This region offers a vast array of activities to suit every taste. From glacier hiking beneath the midnight sun to exploring pristine beaches and enjoying world-class dining, the possibilities are endless. Whether you're into nature adventures, cultural explorations, or simply relaxing, Bodø and Salten provide a wealth of experiences. With diverse attractions, including thrilling climbing spots and scenic coastal walks, there's more than enough to fill your days with memorable experiences. Come and discover why Bodø and Salten are perfect for an extended stay!





Photo: Visit Bodø

Hovdsundet

Hovdsundet is a hidden gem in Bodø, offering a stunning yet challenging coastal hike. The trail leads through diverse landscapes—white sandy beaches, pine forests, and rugged cliffs—ending at the secluded and beautiful Hovdsundet beach. Perfect for experienced adventurers, the route features steep ascents and rocky terrain, with breathtaking views along the way. While demanding, the peace and privacy at the end make it worthwhile. For the adventurous, there's an option for a full round trip across the peninsula.

Facts

Season: May—Sept
Capacity: 2—15 participants
Duration: 6—8 hours incl. transport
Distance: 7 km,
Difficulty: moderate to hard

Email: post@nordlandturselskap.no
Website: www.nordlandturselskap.no

Mjelle

Mjelle Beach is a stunning getaway near Bodø, famous for its unique red and white sand, colored by garnet minerals. It's a local favorite and listed as one of Bodø's top attractions on TripAdvisor. A 30-minute walk from the car park, the hike is family-friendly, offering a fun natural playground. While the Arctic waters are cold, the beach's beauty is perfect for relaxing or photography. Mjelle is also one of the best places to experience the Midnight Sun, making it a paradise for photographers.

Facts

Difficulty: Easy
Duration: 4-6 hours (incl. transport)
Group Size: Min 2 people
Season: Year-round,
weather permitting

Email: post@nordlandturselskap.no
Website: www.nordlandturselskap.no



Photo: Kontrafei Media



Photo: Zdeno Dvorak

Hidden Valley

Åselidalen is a stunning valley near Bodø, featuring crystal-clear lakes, waterfalls, and dramatic peaks. Ideal for a moderate day hike, it offers a perfect blend of natural beauty and adventure. Whether you're a beginner or an experienced hiker, the area has trails for all levels. The valley, often called "The Hidden Valley," cuts through the iconic Børvasstindane mountain range, with jagged peaks rising over 1,000 meters. Popular local peaks like Per Karlsatind and Børtind offer challenging day hikes with breathtaking views.

Facts

Level: Moderate.
Duration: 6-8 hours, incl. transport
Group size: Min. 2 people
Season: May - September. Possible in winter, weather permitting.

Email: post@nordlandturselskap.no
Website: www.nordlandturselskap.no

Arctic Coastal Walk

Join a guided walking tour along scenic shores and sandy beaches with breathtaking Arctic views. Experience the unique northern light, breathe in the fresh sea air, and enjoy the soothing sounds of the ocean. Embrace the Norwegian tradition of Friluftsliv—enjoying the great outdoors. Discover local history, from Stone Age settlements to Viking graves, and learn about the Arctic lifestyle. Keep an eye out for the majestic white-tailed sea eagle, Europe's largest bird of prey. Winter guests will be provided with spikes for added safety.

Facts

Difficulty: Easy
Duration: 2,5 hours (including transport to/from downtown Bodø)
Capacity: 48
Season & Availability: Year-round
Distance: 3 km

Email: erlend@stella-polaris.no
Website: www.stella-polaris.no



Photo Stella Polaris



Photo: Ernst Furuhatt

Keiservarden

Keiservarden is a must-visit hike, offering stunning views of Bodø and the surrounding sea from its mountain plateau at 366 meters above sea level. The panoramic vista includes the Lofoten Islands, Værøy, Røst, and the Børvasstind mountain range. Known for its Midnight Sun and Northern Lights visibility, the trail is accessible year-round. Stone stairs built by Sherpas make the hike more enjoyable. Named after Emperor Wilhelm II, who visited in 1891, the summit has a historical plaque.

Facts

Difficulty: Moderate
Duration: 3-4 hours (incl. transport)
Group Size: Min 2 people
Season: Year-round,
weather permitting

Email: post@nordlandturselskap.no
Website: www.nordlandturselskap.no

Litltind

If you're in good shape and have hiking experience, the guided summit hike to Mt. Litltind (717 m) offers a rewarding challenge. This moderately strenuous hike includes steep, exposed sections, but the stunning summit views are well worth the effort. The well-marked trail ascends 630 meters over 3 kilometers, with panoramic vistas of Sjunkhatten National Park and the open sea. Expect some scree and boulder scrambling, especially near the summit. For peak-baggers, the breathtaking scenery at the top is the ultimate reward.

Facts

Difficulty: Hard
Duration: 6-8 hours (incl. transport)
Group Size: Min 2 people
Season: May—September (possible in winter, weather permitting)

Email: post@nordlandturselskap.no
Website: www.nordlandturselskap.no



Photo Visit Bodø

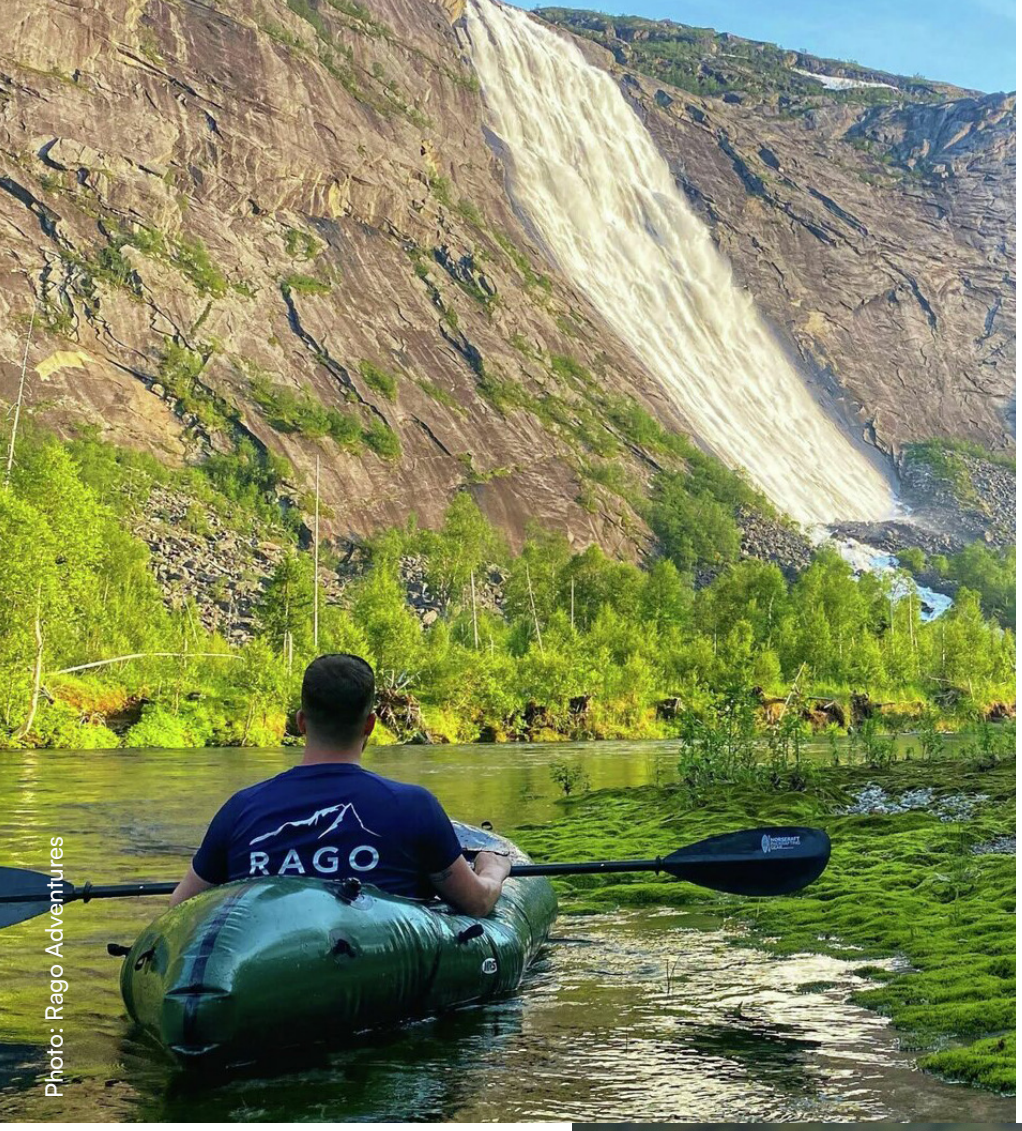


Photo: Rago Adventures

Packrafting

Join us for a guided packrafting adventure in Storskogelva at Rago National Park. Experience the beauty of nature as we hike 4 km through hilly terrain and paddle down the crystal-clear river. We hike to Nordskaret for breathtaking views and fresh mountain water before entering the park. After a safety briefing, we begin our peaceful paddle downstream, navigating gentle rapids and enjoying the serenity of the majestic valley. Lunch is served by the river before we continue paddling, with a short hike around Storfossen.

Facts

Duration: 5-7 hours
Level: Easy to medium
Meeting point: Lakshol, transport not included

Email: post@ragoadventures.no
Website: www.ragoadventures.no

Moose Safari

Norway's moose are impressive and majestic, and you don't need to travel far from the city center to see them in their natural habitat. For safety, observe from a car or with a professional guide. While moose are generally shy, they can be approachable and allow close viewing. Known as "Elg" in Norway, the moose is Europe's largest land animal, with fully grown bulls reaching over 2 meters in height and weighing up to 750 kg.

Facts

Duration: 4-6 hours, incl. transport from/to downtown Bodø.
Capacity: Maximum 15 participants.
Season: June - September, with summer being the best time for sightings.
Guarantee: No moose, no pay!

Email: post@nordlandturselskap.no
Website: www.nordlandturselskap.no

Email: post@exploresalten.no
Website: www.exploresalten.no


Photo: Nordland Turselskap



Photo: Kontrafei Media

Rampen Via Ferrata

Experience spectacular climbing at Rampen Via Ferrata, the world's northernmost via ferrata.

This unique climb lets you traverse cliffs above the open sea with stunning views of Vestfjord and Landegode Island. You might even spot dolphins, whales or sea eagles during your adventure. No previous climbing experience is required; our experienced guides will ensure a thrilling yet safe climb.

You can choose between two different routes, one more advanced than the other.

Available all year around.

Email: hello@rampen.com
Website: www.rampen.no

RIB-safari to Saltstraumen

Experience the power of Saltstraumen, the world's strongest maelstrom, on this thrilling RIB-tour. Witness whirlpools up to 10 meters wide reaching up to 20 knots. The adventure also includes a sea eagle safari, where you can spot white-tailed eagles with wingspans up to 2.4 meters. Stops are made for close encounters, while your guide shares fascinating local stories.

Facts

Meeting Point: Bodø City Centre
Duration: 2 hours
Season: Year-round
Group size: Min. 4 peopole

Email: erlend@stella-polaris.no
Website: www.stella-polaris.no

Email: post@exploresalten.no
Website: www.exploresalten.no



Photo: Explore Salten



Photo: Tommy Andreassen

Trip to The Arctic Circle

Join a guided group tour from Bodø to explore Sami culture and the Arctic light. Travel by bus to Saltfjellet while watching a film about the Sami people. At the Arctic Circle, take part in a crossing ceremony and learn about the midnight sun and Arctic phenomena. The tour includes a visit to the National Park Center in Storjord, where you'll enjoy a traditional Sami meal, Bidos, and learn about Saltfjellet and Svartisen National Parks. In winter, you might even spot reindeer.
End the tour with a visit to Adde Zetterquist Art Gallery, featuring works by Per Adde and Kaisa Zetterquist.

Facts

Duration: 7 hours
Group size: Min 25 participants

Email: post@polartours.no
Website: www.polartours.no

Saltfjell Samí Adventure

Join us for an authentic Sami experience in Bodø! Visit a local Sami family, hear traditional stories, and meet tame reindeer. Explore a traditional Sami lavvo (tent), learn about Sami culture and history, and enjoy a campfire with traditional "joik" chanting and "chaga" drink.

Facts

Start: Bodø Tourist Information.
Transport: Comfortable coach with commentary about Bodø and the surrounding area.
Duration: Approximately 2.5 hours.
Return: Bus back to the city center of Bodø.

Email: post@polartours.no
Website: www.polartours.no



Photo: Saltfjell sami adventure


Photo: Kontrafei Media

Trail Biking

Explore Bodø's trails on electric mountain bikes (eMTB)! With a range of natural trails, forest roads, and some man-made paths, we'll guide you to the best spots based on your skill level. In winter, biking in the snow is a magical experience.

City Sightseeing

Join a unique eBike tour through Bodø's history, visiting architecture, churches, museums, and nature.

Keiservarden Mountain Tour

Ride from sea to summit for a 360° panorama. Your eBike helps with the ascent, leaving you with just enough effort for satisfaction.

Midnight Sun & Northern Lights

Experience Bodø's midnight sun in summer or the northern lights in winter from Keiservarden.

Email: post@opplevnord.no
Website: www.opplevnord.no

Svartisen Glacier

Experience Svartisen Glacier up close with a thrilling glacier hike. This adventure is perfect for those with previous hiking experience and a sense of adventure.

Facts

Duration: 8 hours (approximately 3-4 hours on the ice).
Group Size: Min. 4 people
Season: May - September. The glacier is covered with snow in winter.
Difficulty: Hard/strenuous.
Inclusions: Guided hike, crampons, and ice axe.
Exclusions: Transport to the glacier. Shuttle boat from Holandsvika to Engen is not included.

Note: Public transport and rental car options are available. Contact us for details on reaching Svartisen.

Email: post@nordlandturselskap.no
Website: www.nordlandturselskap.no



Photo: Emil Sollie



Photo:Brim Explorer

Kjerringøy & Nordfjord Cruise

Departing from Bodø, we sail along the rugged coastline, passing the stunning Landegode mountain and the picturesque Hovsundet beach. Entering Mistfjorden, we head toward Nordfjorden, where mountains rise 800 meters on either side. We then arrive at Kjerringøy, taking a short walk through lush forest to the breathtaking Kjerringøy Handelssted, a 19th-century trading post with well-preserved buildings and beautiful old wooden boats. Explore the open-air museum and imagine life 200 years ago. On our return to Bodø, enjoy unobstructed views of Vestfjorden and purchase food or drinks onboard

Facts

Duration: 5 - 6 hrs daily
Season: 01 Jul - 30 Sep 12:00 - 17:30
Capasity 8 - 100 People
Tour leaders go for free

Email: info@brimexplorer.com
Website: www.brimexplorer.com

Northern Lights Cruise

Embark on an exciting adventure on the Bodø Northern Lights Cruise, where we search for the aurora borealis illuminating the Arctic skies. Our hybrid-electric ships provide a serene journey, navigating to areas with optimal weather conditions for viewing this natural wonder. While we search for clear skies, knowledgeable guides share fascinating insights about the auroras and the region's beauty. If the lights appear, head to the outside deck for the best view. Relax in our modern vessels with large windows, and enjoy hot beverages and snacks from the cozy onboard café.

Facts

Season: October 20 - March 31

Email: info@brimexplorer.com
Website: www.brimexplorer.com

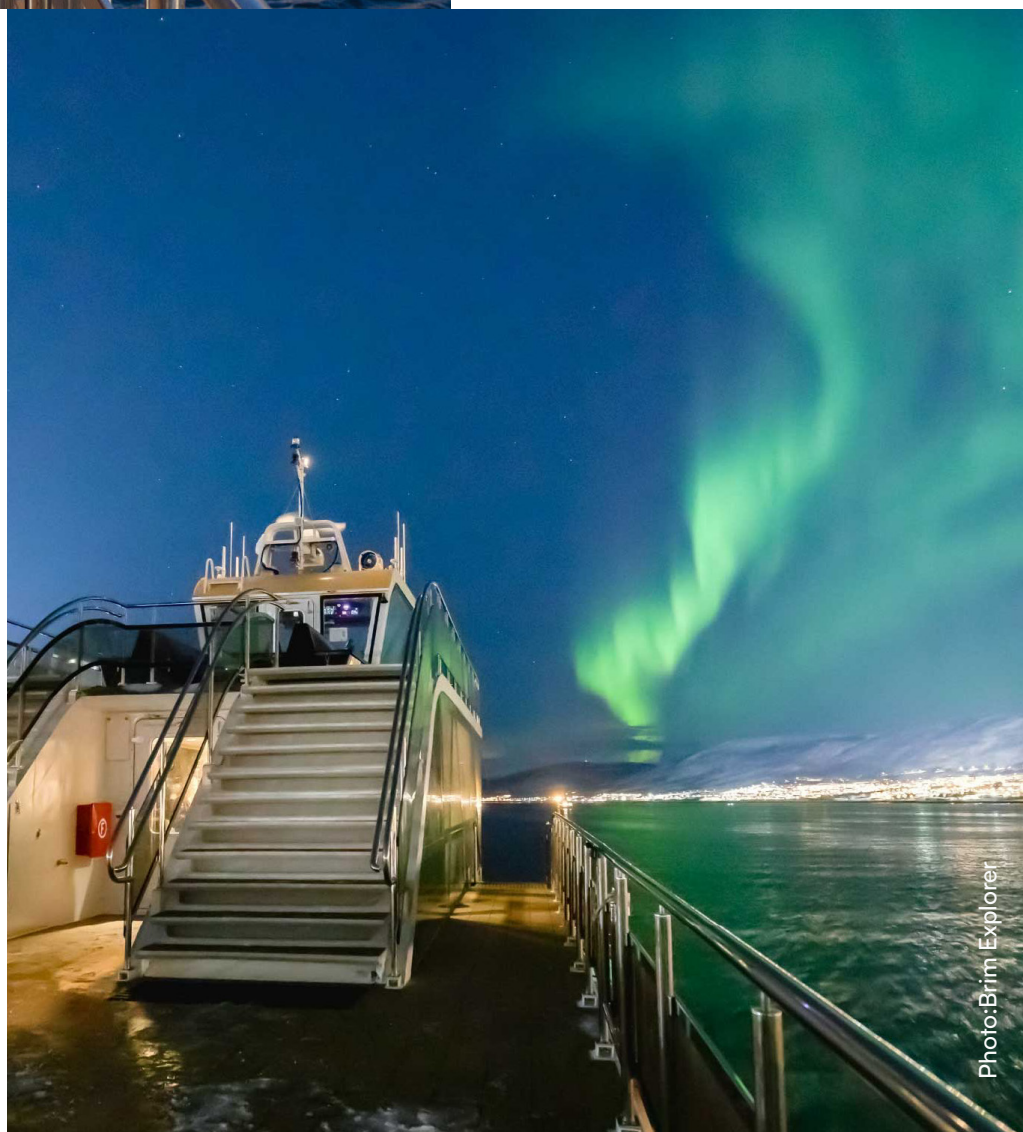


Photo:Brim Explorer



Photo: Explore Salten

Snowshoe Adventure

Join us for a snowshoe adventure and explore Bodø's winter wonderland. Experience the magical winter light and stunning landscapes as our guides lead you through pristine nature, spot wildlife, and provide insights about the area. This trip is ideal for capturing breathtaking photos. Snowshoeing in Bodømarka makes navigating deep snow easy, even for beginners, with our guidance throughout the journey.

Facts

Duration: Approximately 4 hours
Included: Snowshoes and pole rental, transport.
What to bring: Warm and waterproof clothing, insulated shoes with thick soles.
Season: November - April, depending on snow conditions.

Email: post@exploresalten.no
Website: www.exploresalten.no

Dog Sledding

Experience the thrill of dog sledding on an exclusive winter adventure. Whether driving your own sled or riding as a passenger, no prior experience is needed. Your journey begins with a scenic one-hour drive from Bodø, showcasing stunning fjords and mountains. Upon arrival, meet the huskies and prepare for your magical sled ride through the Arctic landscape. Each team of two alternates between driving and riding, with 1-2 hours of serene sledding through the snow-covered wilderness.

Facts

Difficulty: Moderate
Duration: 6-8 hours incl. transport, sledding lasts 1-2 hours
Capacity: 2-6 people
Season: October - March (April)

Email: post@nordlandturselskap.no
Website: www.nordlandturselskap.no



Photo: Zdeno Dvorak



Photo: Zdeno Dvorak

Northern Light Safari

Witness the mesmerizing Northern Lights, or aurora borealis, as we travel from Bodø to remote areas with minimal light pollution for the best viewing experience. From September to April, this atmospheric phenomenon paints the Arctic skies in stunning waves of light. Your local guide will share insights into the science behind the aurora and assist with photography tips.

Facts

Duration: 3—5 hours, incl. transport
Season: September—April
Capacity: 2—5 participants
Included: Transport and guide
Bring: Warm clothing, camera, hot drink

Email: post@exploresalten.no
Website: www.exploresalten.no

Pust Sauna

Pust sauna in Bodø offers a unique space for relaxation and socializing, becoming a serene escape from the hectic pace of everyday life. Built with high-quality pine from inner Troms and cedar wood for a distinctive finish, Pust is a blend of nature, culture, and craftsmanship. Located in Bodø's inner harbor, this floating sauna is equipped with stage lighting inside and out, creating a striking presence. After a sauna session, you can jump into the sea to invigorate your senses and refresh your mind. A must-try experience for anyone visiting Bodø.

Email: hello@pust.io
Website: www.pust.io



Photo: Kontrast Media



Photo: Maverix

Snorkeling in Saltstraumen

Explore the underwater world of Saltstraumen, where you'll see kelp, schools of fish, colorful anemones, and possibly a wolffish. We select snorkeling spots away from strong currents and ship lanes for a safe experience.

Facts

Duration: 1.5-2 hours
Included: Dry suit, fins, mask, snorkel, hood, gloves.

Requirements: Warm clothes to wear under the dry suit, basic swimming experience.
Age: Recommended for 12 and up
Season: May - October
Capacity: 2 - 8 people

Email: fredric@nordogne.no
Website: www.nordogne.no

Stone Age Adventure

Experience Stone Age culture and countryside adventures at Saltstraumen with Tuvsjyen. Stay in apartments with access to boats, fishing tackle, and a wharf for hire. Enjoy locally sourced cuisine, including home-produced Stone Age dishes. Explore life in a Stone Age turf hut and prepare your catch in a cooking pit. The area offers excellent fishing and diving conditions, with daily guided fishing trips and sightseeing tours. Family-friendly excursions, activities, and a hot tub are also available.

Email: post@tuvsjyen.com
Website: www.tuvsjyen.com



Photo: Tuvsjyen



Photo: Ernst Furuhatt

Hamsun Centre

Located by the vicarage ruins on the Glimma River in Presteid, Hamarøy Municipality, Northern Norway, the Hamsun Centre is set in a pristine cultural landscape that inspired the famous author Knut Hamsun. The centre features a tower with stunning views over the region that inspired Hamsun's acclaimed works such as Pan, Growth of the Soil, and Wayfarers. It offers a unique insight into Hamsun's literary world amidst nature that remains much like it did in his time.

Open year-round except January.

hamsunsenteret.booking@nordlandsmuseet.no
www.hamsunsenteret.no

Norwegian Aviation Museum

The Norwegian Aviation Museum, Norway's national aviation museum, offers an immersive experience into aviation history with its impressive 10,000 m² exhibitions. Get up close to iconic aircraft like the Spitfire, CF-104 Starfighter, Ju 88, and U-2 spy plane, as well as passenger planes such as the Ju 52 and Twin Otter. Kids can enjoy interactive fun in the "How Do You Fly" exhibit, while guided tours for all ages provide an engaging, educational experience. The museum also features a shop with aviation-themed products and Café Gidsken, offering a variety of meals, coffee, waffles, and cakes.

booking@luftfartsmuseum.no
www.norwegianaviationmuseum.com



Photo: Marthe Mølstre



Photo: Ernst Furuhatt

Kjerringøy Trading Post

Idyllically located in beautiful Kjerringøy, this well-preserved North Norwegian trading post is famous for its appearance in film adaptations of Knut Hamsun's novels. With 15 authentic buildings, it offers a glimpse into traditional life. Visitors can explore the historic structures, enjoy sweets from the old-fashioned store, or participate in summer activities. A 20-minute audiovisual show shares the trading post's history. Facilities include a café, museum shop, and wheelchair access. Guided tours are available, and you can arrange visits after hours or off-season with advance booking.

booking.kjerringoy@nordlandsmuseet.no
www.nordlandsmuseet.no

Jekt Trade Museum

The Jekt Trade Museum features the traditional Norwegian cargo vessel, Jekt Anna Karoline, built in 1876 and the last of its kind. The museum, constructed around this historic vessel, explores the jekt's role in transporting goods from Northern Norway to Bergen and Trondheim for over 400 years.

Visitors will learn about the jekt trade's significance before the oil era, including the transport of stockfish, klipfish, and train oil. The museum offers a sensory journey with exhibits on life aboard a jekt, trade goods from different eras, and authentic traditional buildings.

The new museum building includes two exhibition halls, a restaurant, museum shop, and auditorium. Enjoy local dishes and stunning fjord views at the restaurant.

post@nordlandsmuseet.no
www.nordlandsmuseet.no /jektefart



Photo: Jektefartsmuseet



Photo: Nordlandsmuseet

Bodø City Museum

After an extensive renovation, the City Museum reopens as Bådåddjo/Buvvda Musea 2024. Árran Lulesamisk senter and Nordlandsmuseet have collaborated to launch this concept, focusing on Sami art and culture for the Capital of Culture year. The year-long theme invites the public to explore exhibitions and activities highlighting Sami art and culture. Bodø now has its own Sami museum, featuring historical exhibits, contemporary crafts, and art.

Email: erlend@stella-polaris.no
Website: www.stella-polaris.no

Meetings and Events in Bodø

Welcome to Bodø — where accessibility, sustainability, research, and innovation meet spectacular nature and culture. As an experienced conference city with modern facilities, strong professional communities, and a welcoming host, Bodø provides a unique setting for events. In 2024, the city is the European Capital of Culture, elevating your event experience to new heights.

Vibrant City Life, Culture, and Nature in Bodø

Bodø is a compact city where you can combine urban cultural life with adventurous nature experiences right outside your doorstep. Get mesmerized by the northern lights or the midnight sun, see the world's strongest maelstrom — Saltstraumen, walk on one of the 150 peaks around the city, or put on your fine shoes and go to a sky bar in the center of Bodø.

Activities

Bodø is an exciting and lively city with short distances between great experiences. Here you can shop, enjoy world-class cocktails or wine, climb wild mountains, and go RIB-rafting in the world's strongest tidal current — all in one day! The range of activities is vast, and the distances are small, making it easy to combine city life with magical nature experiences. How about a game of golf in beautiful surroundings at Bodø Golf Park? Or a guided tour to Bodø's roof, Keiservarden? Maybe you're tempted by a hot bath at Nordlandsbadet or a refreshing dip in beautiful Auvika?

Contact us

Thank you for exploring this selection of activities available in Bodø and Salten. This booklet offers just a glimpse of the diverse experiences we have to offer. If you have specific requests or need more information about activities not included here, please don't hesitate to contact us at Visit Bodø. We are here to assist you.



Kristin Konradsen

Sales Manager

+47 406 06 164

kristin@visitbodo.com

Visit Bodø

www.visitbodo.com